



Stats on the Harms of Tobacco

Tobacco has seriously bad effects on your health and wallet. Not so great for society either.

DID YOU KNOW?...

#1

Tobacco's ranking as a preventable killer

Tobacco is the #1 cause of preventable death in MA & the US! Smoking kills more people than alcohol, AIDS, car accidents, illegal drugs, murders, and suicides combined. Thousands more die from chewing tobacco.

24

Number of people who die each day in MA from tobacco-related illnesses

1,200

Number of people who die each day in the US from tobacco-related illnesses

**13-14
YEARS**

Average number of years of life smokers lose

Each cigarette you smoke takes 7 minutes off your life!

90%

Percentage of smokers who started before their 18th birthday



33%

Percentage of youth who start smoking each day who will ultimately die from a tobacco-related illness

50,000

Number of non-smokers who die each year due to secondhand smoke

#1

Nicotine's ranking as an addictive substance

Nicotine is more addictive than cocaine and heroin!

**GREATER
THAN
4,000**

Number of chemicals in cigarette smoke

Includes arsenic (poison), carbon monoxide (car exhaust), formaldehyde (preserves the dead), and acetone (nail polish remover).

**GREATER
THAN
\$3,000**

Money a pack-a-day smoker in MA will spend on cigarettes in a year

**\$5.5
BILLION**

Smoking's cost to the state of MA

That's \$3.54 billion for healthcare-related costs and \$1.98 for lost productivity.

**\$1.8
BILLION**

Extra taxes for MA taxpayers because of smoking

This is what the state and federal government have to spend to cover tobacco-related health expenses.

SOURCE: Fact Sheets by the Campaign for Tobacco Free Kids,
<http://tobaccofreekids.org/research/factsheets>



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TO FIGHT TOBACCO!**

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